BARDEN BRIDGE

AQUEDUCT

Stile

BARDEN TOWER

GREEN TRAIL $\bigcirc \bigcirc \bigcirc \bigcirc$

START

Cavendish Pavilion

DISTANCE & TIME

Cavendish Pavilion to Strid: 1.7km / 1 mile - 30 minutes Cavendish Pavilion to Strid Wood Visitor Centre: 2.6km / 1.6 miles - 50 minutes Cavendish Pavilion to aqueduct: 2.8km / 1.7 miles - 55 minutes Cavendish Pavilion to Barden Bridge: 3.7km / 2.3 miles - 70 minutes

TERRAIN

Easy, with inclines

PUSHCHAIRS & WHEELCHAIRS

Pushchairs - Yes Wheelchairs - Yes, to the Strid. Steep in places beyond the Strid to Strid Wood Visitor Centre

••• CUMBERLAND TRAIL

START Strid car park

DISTANCE & TIME 0.8km / 0.5 miles - 15 minutes

TERRAIN Easy

PUSHCHAIRS & WHEELCHAIRS Yes

••• BLUE TRAIL

START Off Green Trail

DISTANCE & TIME 1.4km / 0.87 miles -35 minutes to walk one way

TERRAIN Moderate

PUSHCHAIRS & WHEELCHAIRS

Pushchairs - Yes, narrow in places Wheelchairs - No

••• ORANGE TRAIL

START **Cavendish Pavilion**

HIGHSTRID

Old Oak Ser

3 Toilets

STRID WOOD

& CAR PARK

VISITOR CENTRE

clifford -

uigh strid seat

Cavendish Pavilion to aqueduct: 2.9km / 1.8 miles - 55 minutes Cavendish Pavilion to Barden Bridge: 3.8km / 2.4 miles - 70 minutes

TERRAIN

PUSHCHAIRS & WHEELCHAIRS Pushchairs - Yes, narrow in places Wheelchairs - No

••• RED TRAIL

START Off Green Trail near Cavendish Pavilion

DISTANCE & TIME 0.6km / 0.37 miles -20 minutes to walk one way

TERRAIN Difficult, steep in places with steps

No

Strid Wood Nature Trails

Please keep dogs on leads at all times as they disturb the wildlife, damage the ground flora and scare some visitors.

It is an offence to pick flowers or remove anything from this woodland. Please leave the wood as you find it for future visitors to enjoy.

> Cycling is not permitted in the woodland.

DISTANCE & TIME

THESTR

Moderate, steep in sections

PUSHCHAIRS & WHEELCHAIRS

••• PURPLE TRAIL

START Off Green Trail near Cavendish Pavilion

DISTANCE & TIME 0.3km / 0.2 miles -10 minutes to walk one way

TERRAIN Moderate, with steps

PUSHCHAIRS & WHEELCHAIRS No

