SPRING

Bluebells, daffodils and bright green new growth - a great time to follow one of our many nature trails.



6. CONEY WARREN

Once a valuable source of meat for Barden Tower. Can you see what type of meat it was?

4. STONE CHAIR SEAT

Carved out of a massive boulder. One of a variety of seats for resting your legs and admiring the view.

Strid Wood

2. WHAT A STINK

Can you smell rotten eggs?
The fortunes of Harrogate as a spa were created on similar medicinal sulphur springs. Or is it the wild garlic that you can smell? Just one of the many varieties of wild flowers to be enjoyed - but not picked!

Start: Sandholme Car Park
Distance: 6.4km/4 miles
Time: Allow 2 hours

Dogs: Welcome on leadsSuitable for wheelchairs

- Pushchairs possible
- Steps
- Seats

5. THE STRID

A deep and dangerous, water-filled chasm caused by the circular motion of stones in hollows. Can you find any of these smooth rounded hollows, with small stones In them?

3. GREAT UPHEAVALS

On the riverbanks, can you see folds and zig-zags in the rocks caused by geological movement over millions of years?

1. A TEAM EFFORT

Who rebuilt this bridge in 1989.

Cavendish Pavillion Sandholme